

Parks & RECREATION 2016 ACTIVITY GUIDE

Growing Up WILD

Kids spend on average 32 hours a week watching television. Build your child's sense of wonder about nature with fun outdoor programs.

Page 10

KITE FEST

We are proud to introduce a brand new annual event! Create lasting memories flying kites, eating food, and enjoying time with your family. Look for this event in the fall!

SIMPLIFY your life

registration



tcparks.org

rentals



*all reservations are done online and
do not include ball fields*

tcparks.org

information



trophyclubgov
tcparksandrec
trophyclubpark



trophyclub.org
tcparksandrec.org
trophyclubpark.org

**WE BELIEVE THAT PARKS AND RECREATION OPPORTUNITIES PROVIDE A
FOUNDATION FOR THE WELL-BEING OF OUR RESIDENTS.**

Our mission is to preserve and enhance the residents exceptional quality of life through the planning, maintaining and landscaping of parks, common areas and medians which helps ensure a healthy, picturesque and environmentally sound community; and, to engage the citizenry by offering a variety of recreational and athletic opportunities and special events that combine to create an environment that fosters both community spirit and pride.

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with friends

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PARKS AND RECREATION STAFF
Adam Adams, Director of Parks and Recreation
Tony Jaramillo, Parks Superintendent
Jacob Lohse, Recreation Superintendent
Sherri Lewis, Recreation Supervisor

parksandrec@trophyclub.org • 682-831-4600

tcparks.org

Hang out with friends





Photo credit: Greg Lamont
Christmas Celebration

Special Event Dates

March 19	Eggstravaganza
May 7	Back To Nature
	Spring Family CampOut
July 4	July Fourth Festivities
September 17	PetFest
October 15	Fall Family Festival
October 22	Fall Family CampOut
Oct/Nov	Kite Fest
December 3	Christmas Celebration

Special Event Details

trophyclub.org

event calendar located near bottom, right corner



Get Involved

Interested in participating or volunteering?
Email Sherri Lewis at slewis@trophyclub.org



All evening activities and inflatables require a wristband that is free to residents. Watch for event details on trophyclub.org.

enjoy

ONLINE
REGISTRATION
ONLY

tcparks.org

programs & activities

ART & DANCE

The Arts Truck and Trailer is now offering classes for kids ages 5-12. This newly designed, fully equipped, mobile fine art studio provides a dedicated space for students to participate in dance and art without having to leave Trophy Club!

*Specific classes and times: tcparks.org
Classes held at Independence Park East
Questions: Heather Cordova, 214.534.8087
Additional dates will be posted at tcparks.org*

Self Defense 101

*Harmony Park
5.21.16 10:00 a.m. - noon \$20*
Self-defense is a countermeasure that involves defending the well-being of oneself or of another from harm. Learn basic maneuvers to protect yourself. Class is geared towards 18+.

Succulent Terrariums

*Trophy Club Fire Station
6.23.16 6:30 p.m. - 8:00 p.m. \$30*
Build a living gift for yourself or someone special! Join us to learn basic information on what makes a healthy terrarium, hands-on guidance on how to create one, and learn tips and tricks to miniscaping your own little green world! We provide all the supplies to make your succulent terrarium. Class is geared towards young adults and adults.

Healthy Shopping

*Market Street in Southlake
8.27.16 10:00 a.m. - noon \$20*
Organic? By section? Outer perimeter of the store? Learn how to navigate the grocery store to optimize your healthy eating habits.

Creative Cakes

*The Church at Trophy Lakes
9.23.16 6:30 p.m. - 8:00 p.m. \$30*
Let your creativity flow ... in the form of icing! Creative Cakes gives you the tools you need to decorate an un-iced cake while having a good time with your friends. No skills are needed for this laid-back, fun class.

Forcing Indoor Bulbs

*Harmony Park Pavilion
10.8.16 10:00 a.m. - noon \$20*
Springtime comes early when you force bulbs into bloom indoors. During the frigid, dreary months of winter you'll enjoy the powerful fragrance of hyacinths, the sweet scent of paperwhite narcissus and the cheerful color of tulips, as well as other spring-flowering bulbs. All supplies are provided to learn how to force your indoor bulbs.



Bead It!

The Church at Trophy Lakes
11.11.16 6:30 p.m. - 8:00 p.m. \$30
Learning to make your own beaded accessories is fun and easy. Beading and jewelry making are great crafts for anyone at any age. All you need are a few basic tools, beading wire, a handful of pretty beads and you're all set to create your own handmade jewelry. Come create a handcrafted piece of jewelry to wear or share as a gift. All supplies and tools will be provided to make an 18" beaded necklace. Class is geared for all ages. *Class taught by EME & Lou Accessories.*

Gumdrop Ornaments

The Church at Trophy Lakes
12.9.16 6:30 p.m. - 8:00 p.m. \$30
It's time for some gumdrop fun! The colors are fabulous and the sugar on the outside is glittery! These adorable and creative gumdrop ornaments will look great on your Christmas tree this season! All supplies are provided for your ornament.



\$5 "EARLY BIRD"
DISCOUNT

REGISTER BY APRIL 30 FOR ANY
PROGRAM ON PAGES 6-7,
not including art & dance or adult fitness.
PROMO CODE: EARLYBIRD

Introducing

ACTIVE ADULT FITNESS age 55+

Fuller Rhythm Studio
905 Trophy Club Drive
\$49 for eight classes a month

Tuesday 1-1:55 p.m. Gentle Yoga
Wednesday 1-1:55 p.m. Line Dance

Registration is required each month one week prior to the start of class. Classes run April - July.

Gentle Yoga

This gentle, supported, breath oriented class is perfect for seniors, individuals coping with or recovering from illness or injury, or anyone who wants to learn simple Yoga poses and techniques that can be applied almost anywhere to relieve fatigue, stress and pain. The class will emphasize balance and flexibility at a slower pace. This Yoga class is less intense but can build as the class progresses per individual. Please bring mat, towel, small pillow and water bottle.

Line Dance

Students will have fun and develop great camaraderie with their classmates. There is no need for a partner. We not only dance to Western tunes, we dance to ALL tunes! Some studies have shown when line dancing on a regular basis, possible benefits are an increase in flexibility, muscular strength and lung capacity, as well as an improvement in bone health and coordination. Line dancing is also great for memory function. No previous dancing experience is required.

Questions: Christina Fuller, 817.395.3475
Additional classes are available through Fuller Rhythm Studio; details and pricing are independent of the Town of Trophy Club.



IN THE EVENT OF CLASS CANCELLATION:
Registration is quick and easy at tccparks.org. Encourage your friends and family to enroll! All programs are dependent on a minimum number of participants. If we are not able to fill a program, we will refund you in full one week after the cancellation. An email will be sent to all registrants immediately upon cancellation of the program.

TROPHY CLUB PARK

Park Legend

The Ultimate Outdoor Experience

911 ID	TRAILS	MILES
A	Great Blue Heron	2.8
B	Ranch	0.7
C	Bobcat	0.6
D	Sunrise Bay	0.6
E	Old Bridge	0.5
F	Skyline	0.4
G	Hawkeye	0.9
H	Adventure Loop	0.5
J	Lakeview	0.8
K	Beach	1.0
L	Fenceline	1.0

- Unmarked Trails
- Solid Line: pedestrian/bicycle friendly trail
- - - Dashed Line: pedestrian/equestrian friendly trail
- ★ Trailhead
- Low Water Crossing (LWC)
Note: Horses should cross at signed LWC only
- Picnic Sites

Fees: Car: \$2 | Boat/Trailer: \$5 | MX/ATV: \$12 | Horse: \$3
Hours: Park opens at sunrise and closes at sunset



Questions?

gateattendant@trophyclubpark.com

Additional maps:

www.trophyclubpark.org/nature_trails



TRAIL COURTESY



YIELD TO





Explore Trophy Club Park

AMENITIES

- MotoCross Track
- ATV/MX Beginner Area
- OHV Stickers
- 6 miles of ATV Trails
- 18-Hole Disc Golf
- 30 Person Covered Pavilion with Bathrooms
- Boat Launch/Boat Ramp
- Adjacent Dog Park
- Picnic Sites
- Nature Trails
- Camping
- Geocaching
- Laser Tag
- Fishing

EVENT DATES

- May 7 Back To Nature
- May 7 Family CampOut
- October 15 Fall Family Festival
- October 22 Fall Family CampOut

2885 Trophy Park Drive
Trophy Club, Texas 76262
Park Phone: 817-491-9616

administration phone: 682-831-4693
gateattendant@trophyclubpark.com

trophyclubpark.org

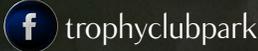


Photo credit: Jeff Robinson

keep trophy club wild

ALL G UW CLASSES ARE HELD AT
TROPHY CLUB PARK PAVILION
FROM 9 A.M. - NOON
COST \$10 PER CLASS

REGISTRATION REQUIRED
KEEPTROPHYCLUBWILD.ORG

Growing Up WILD (ages 4-10)

G UW is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences, G UW provides an early foundation for developing positive impressions about the natural world and lifelong social and academic skills.

Kids will experience field-tested, hands-on, nature-based activities. The activities have a specific focus on outdoor explorations, scientific inquiry, art projects, music and movement, conservation activities, reading and math connections and "Healthy Me" dovetailing with the Let's Move Campaign.



Worms - 3.12.16

Explore the anatomy of worms, how they help the environment, and how to raise them. Kids will create their own small worm bin.

Hummingbirds - 4.9.16

Learn about the different species in Texas, the anatomy and the habitats, and the ways humans interact with these birds. Kids will also learn tips on how to attract birds to their yard and make a hummingbird feeder to take home.

Looking at Leaves - 5.14.16

This program will look at the different types and shapes of leaves, the purpose of leaves and how leaves provide food to life on earth. The kids will make a “leaf art” craft to take home.

Fish - 6.11.16

Learn about the aquatic ecosystem, Texas fish, the anatomy of fish, different species and habitat requirements. Kids will make a fish print to take home.

Fishing 101 - 8.13.16

Certified TPWD Angler Education instructors will teach the basic skills of assembling a tackle, tying knots, casting a line, fishing regulations, fishing safety and the location of good fish habitats. Kids will get to put their new knowledge and skill to the test and try their luck at Backyard Bass.

Insects - 9.10.16

Learn about Texas insects, their life cycle, basic identification, pheromones and insect collection. Kids will have the opportunity to catch insects on the Adventure Loop, as well as make a craft to take home.

Native Plants - 10.8.16

Learn about Texas soil types, eco regions, wildflowers, and the big four native prairie grasses and their connection to wildlife and humans. Kids will assemble a seed card to take home.

Owls - 11.12.16

Learn about different species found in Texas, their anatomy, their unique sounds and unusual habitats. Kids will make a feathery puppet that doubles as a hat providing “owls” of fun.

Trees - 12.10.16

Kids will discuss the life of trees and how they grow, as well as what happens to trees during each season. Kids will make a nature picture frame or leaf book mark to take home. At the end of the class, we will take a walk on the Adventure Loop trail to identify trees.



EXPERIENCE THE NATURAL
BEAUTY TROPHY CLUB OFFERS
THROUGH EDUCATIONAL AND
HANDS-ON CLASSES FOR KIDS.

REGISTRATION REQUIRED
KEEPTROPHYCLUBWILD.ORG



Visit
a park
& play

Trophy Club Parks

Pavilions are first-come, first-serve unless rented online. Rentals include Harmony Pavilion, Trophy Club Park Pavilion or areas at the Community Pool.

tccparks.org

Community Pool: 500 Parkview Drive

Concessions	Shade structure	Swimming pool
Restrooms	Splash pad	Toddler pool

Freedom Park: 2675 Trophy Park Drive

Playground	Shade structures	Dino Playground
Dog park	Park benches	
Water fountains	Dog agility stations	

Harmony Park: 599 Indian Creek Drive

Basketball court	Picnic tables/grills	Tennis courts
Concessions	Playground	Walking trail
Bocce ball	Restrooms	Water fountain
Pavilion/gazebo	Soccer fields	

Independence Park East: 500 Parkview Drive

Baseball fields	Multi-use fields	Walking trail
Concessions	Restrooms	T-ball areas

Independence Park West: 501 Parkview Drive

Baseball fields	Picnic tables	Walking trail
Basketball court	Playground/NEOS	Water fountain
Concessions	Restrooms	Veterans Memorial
Pavilion/gazebo	Tennis courts	

Lakeview Park: 100 Village Trail

Soccer fields

Linear Park North: North of Highlands

1.8 mile concrete	Hike/bike trail	Two ponds
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Skyline Park: 304 Ridgeview Lane

Walking trail	Trailhead
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Trophy Club Park: 2885 Trophy Park Drive

Boat ramp	Motorized trails	Restrooms
Disc golf (18 hole)	Pavilion/gazebo	Hiking trails
Fishing	Picnic tables/grills	Water fountain

Make Friends at Summer Adventure Camp

ONLINE
REGISTRATION
ONLY

tcparks.org

REGISTRATION BEGINS APRIL 1

Register online at tcparks.org

Full weekly payment must be received before campers can be dropped off at Summer Adventure Camp.

Age: 6-12 (as of the first day of each week of camp)
 Dates: June 6 -August 12
 Time: Monday-Friday, 7:00 a.m. - 6:00 p.m.
 Location: Medlin Middle School, 601 Parkview Drive
 Fee: \$160/week, \$145/each additional sibling
 (Fee includes field trips and one shirt)

Campers may register for the entire summer or select weeks. A non-refundable deposit of \$25 per week is required for each child to reserve a future spot. Reserving a future spot is *optional* and the deposit is applied to the enrollment fee for that week. All field trip admission and a t-shirt is included in the weekly enrollment fee. Space is limited to the first 50 campers. Parents may purchase additional Summer Adventure Camp shirts for \$10 each.

In addition to weekly field trips, campers will go to Harkins Theater every Thursday for a family-friendly movie and a sack lunch at Harmony Park. Daily activities include games, crafts, outdoor play time and swimming on M/W/F.

SCHEDULED TRIPS

Week	*Field Trip
1	Fort Worth Zoo
2	Hawaiian Falls
3	ITZ Pizza
4	Skate Town
5	Main Event
6	Fort Worth Museum of Science
7	Urban Air
8	NRH2O
9	Dallas World Aquarium
10	Hawaiian Falls

*Trips subject to change based on availability



play ball!

Kickball and Bocce
Ball registration is
quick and easy!

tcparks.org

Youth Sports

Contact the sports associations directly for information on youth baseball, football or soccer.

BASEBALL ASSOCIATION
tcrbobcats2023@gmail.com
www.leaguelineup.com/tcrbaseball

FOOTBALL ASSOCIATION
contact@byfbobcats.com
www.byfbobcats.com

SOCCER ASSOCIATION
registrar@gnwsa.com
www.gnwsa.com

Kickball

Adult Kickball games are held at Independence Park East, 501 Parkview Drive. There are two seasons: Spring/Summer and Fall/Winter. The cost is \$360 per team.

Space is limited due to field availability.

For current information on kickball:
[facebook.com/tcadultrec](https://www.facebook.com/tcadultrec)

Register at tcparks.org.

Bocce Ball

Bocce Ball games take place at Harmony Park, 699 Indian Creek. There are two seasons: Spring/Summer and Fall/Winter. The cost is \$10 per team for an eight game season. Bocce balls may be rented from the Parks and Recreation office for the duration of each season. Email slewis@trophyclub.org.

Register at tcparks.org.

Photo credit: Greg Lamont

Trophy Club Community Pool

500 Parkview Drive
Trophy Club, TX 76262

Front Desk: 817-491-0500



Splash at the pool

Pool Hours (May 28 - September 5*)

Monday, Wednesday, Thursday	11:00 a.m. - 7:00 p.m.
Friday - Sunday	11:00 a.m. - 8:00 p.m.
Tuesday	Closed

Spray Pad opens at 10:00 a.m. on Monday, Wednesday, Thursday, Friday

Pool Fees and Memberships

	Resident
Daily Rate**	\$4
Individual Season Pass	\$25
Family Pass (five season passes***)	\$75
Each Additional Family Member	\$10
Guest Season Pass	\$20

**Children under 35" admitted free of charge

***Unassigned season pass user must be accompanied by a Family Pass member.
Proof of residency may be required.

In order to reduce overcrowding and improve resident experience at the aquatic facility, the Town has discontinued *non-resident* memberships and passes for the 2016 season.

Guest Passes may be purchased by residents for their family & friends who are non-residents.



2016 Pool Season: Full time season June 4 - August 21

*Weekends before and after "full time" are May 28 - 30, August 27 - 28, September 3 - 5

Pool Rentals

Please visit tcparks.org for availability, pricing and booking. Resident rentals begin April 1; non-resident rentals begin April 8 (non-resident rates apply.)

RESERVE FACILITIES: Pools, Splash Pad, Park Pavilions
To request facility reservation, first login with your username and password then search by the area, type, location, or amenity of the facility you would like to reserve. Fill in all applicable criteria to complete the reservation.

Please note: Some facility rentals are subject to approval. The online rental system automatically generates and emails a tentative reservation; you will be notified via email when your reservation has been approved.

**REGISTRATION,
RENTALS &
MEMBERSHIPS
BEGIN APRIL 1**

tcparks.org

Tritons Swim Team

As part of the Texas Amateur Athletic Federation (TAAF) Summer League Swim Team, the Tritons compete at four local events, as well as regional and state competitions. Fee includes a team shirt and professional coaching. Tryouts required for swimmers 8 years old and under. Please check with the swim coach to confirm practice and meet times.

Dates: Practice runs scheduled for May 16 - July 29
Time: Times vary by age group (see tcparks.org)
Location: Trophy Club Community Pool
Age: 6 - adult
Fee: \$150

The Swim Meet Schedule will be published to trophyclubtritons.com in April.

Aquatics Events

Regular Admission Rates Apply

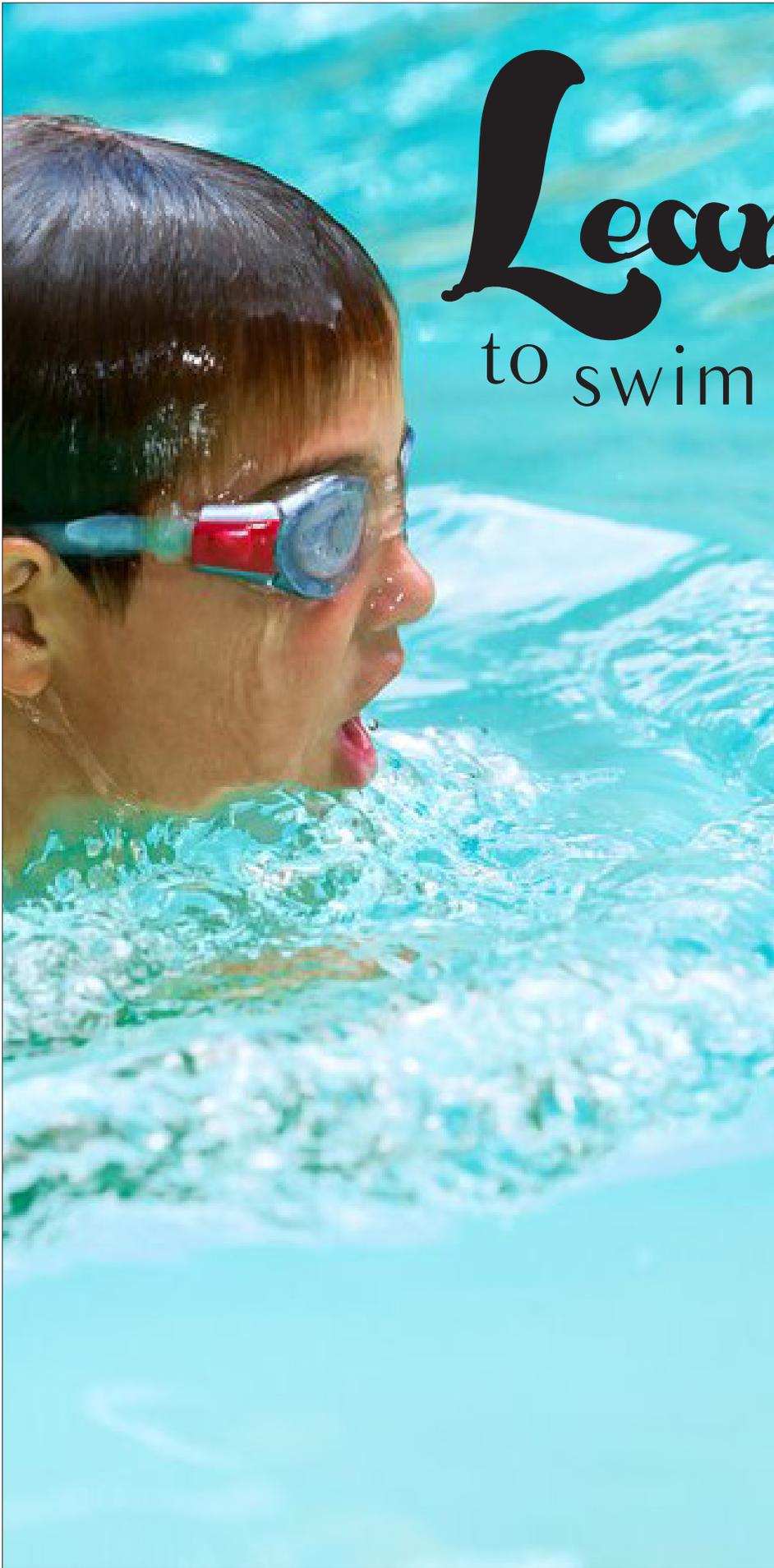
Karaoke Day

Friday, June 17 • 2:00 p.m. - 5:00 p.m.
Friday, July 8 • 2:00 p.m. - 5:00 p.m.

Dive-In Movies

Friday, July 22 • Inside Out
Friday, August 5 • Free Willy
movies begin at 9:00 p.m., or at dark





Learn to swim

Drowning Prevention

1. Never leave a child unattended near water in a pool. There is no substitute for adult supervision.
2. Designate a “Water Watcher” to maintain constant watch over children in the pool during gatherings.
3. Keep a phone with you at all times so that you never have to leave the pool to answer the phone, and can call for help if needed.
4. Learn CPR and rescue breathing.
5. Do not use flotation devices as a substitute for supervision.
6. If a child is missing, always check the pool first. Seconds count.
7. Instruct babysitters about potential pool hazards, and emphasize the need for constant supervision.
8. Responsibilities of pool ownership include ensuring children learn to swim, and that adults know CPR.
9. Do not consider children “drownproof” because they’ve had swimming lessons.

ONLINE REGISTRATION ONLY

tcparks.org

REGISTRATION BEGINS

April 1 for residents
April 8 for non-residents

SESSION DATES

Session 1: June 6 - June 16
Session 2: June 22 - June 30
Session 3: July 11 - July 21
Session 4: July 25 - August 4

LEVEL ASSESSMENT

Can your child put their face in the water comfortably?

If yes, Continue ↓ If no, Level 1

Can they do a front & a back crawl without assistance? Do they pay attention in class?

If yes, Continue ↓ If no, Level 1

Can they glide with arms above their head in streamline positions?

If yes, Continue ↓ If no, Level 2

Do they know how to do Freestyle or Front Crawl arm strokes?

If yes, Continue ↓ If no, Level 2

Can they do Freestyle or Front Crawl 10 yards, take a breath, and continue swimming without stopping?

If yes, Continue ↓ If no, Level 3

Do they know elementary backstroke & breaststroke?

If yes, Continue ↓ If no, Level 3

Can they swim 25 yards freestyle and backstroke without stopping?

If yes, Level 5 If no, Level 4

Lesson Fees and Times

Pre-school: \$60 Resident, \$65 Non-Resident
Beginner through Advanced: \$55 Resident, \$60 Non-Resident
(\$5 discount for multi-child registration on regular lessons.)

Class	Time	Age
LEVEL 1	9:00 a.m. / 9:40 a.m. / 10:20 a.m.	3 - 8 years old
LEVEL 2	9:00 a.m. / 9:40 a.m. / 10:20 a.m.	3 years and up
LEVEL 3	9:00 a.m. / 9:40 a.m. / 10:20 a.m.	3 years and up
LEVEL 4	9:00 a.m. / 9:40 a.m. / 10:20 a.m.	3 years and up
LEVEL 5	9:00 a.m. / 9:40 a.m. / 10:20 a.m.	3 years and up

All sessions are two weeks, Monday - Thursday, eight (8) lessons.
Each lesson is 35 minutes.

Swim Lesson Levels and Descriptions

LEVEL 1 - Preschool

Preschool children will work on the basic fundamentals of swimming such as blowing bubbles, front and back floats, kicking, arm movements and basic pool safety.

LEVEL 2 - Beginner

This class is for the beginner swimmers and requires no prior experience. Skills taught in this level include front and back floats, front and back glides, elementary backstroke, front crawl, backstroke and pool safety. Some of the requirements to pass this level include 25 yards of front crawl, backstroke and elementary backstroke.

LEVEL 3 - Advanced Beginner

This class is designed for children who have successfully completed the Beginner level and will build on the fundamental skills learned in the Beginner classes. Some of the skills that will be worked on are rhythmic breathing with the front crawl, backstroke and breaststroke. Some of the requirements to pass this level include 25 yards front crawl with rhythmic breathing, 25 yards breaststroke, and 50 yards of backstroke and elementary backstroke.

LEVEL 4 - Intermediate

This class is for children who have successfully completed the Advanced Beginner level. In this level children will continue to work towards mastering the front crawl, breaststroke and backstroke while being introduced to the dolphin kick and treading water. To complete this level the student must swim 50 yards of front crawl with rhythmic breathing, 50 yards of breaststroke, 75 yards of backstroke and elementary backstroke, and 25 yards of dolphin kick.

LEVEL 5 - Advanced

This class is designed for the advanced swimmer who has successfully completed the Intermediate level. Students will continue to work on technique and endurance for front crawl, breaststroke, dolphin kick, backstroke and elementary backstroke. To complete this level the students must swim 100 yards of front crawl with rhythmic breathing, backstroke, breaststroke, elementary backstroke, and 50 yards of dolphin kick.



Trophy Club Ranked '5th Best Neighborhood in DFW'
by Dallas Morning News (2015)

Trophy Club Ranked '36th Best Suburb in America'
by Business Insider (2015)

Town of Trophy Club
"A great place to call home"